



NCDW SPOTLIGHT ON LOCAL EVENTS:

11 May 2010

National Career Development Week in *Your* Community 17 to 23 May 2010

Carers in Yarra Ranges are being given the opportunity to have some fun at a free workshop while planning some ideas for their future. Carers can explore their options for recreation, volunteering, training and employment while being nurtured with relaxing massage, good food and company on Wednesday 19 May from 1pm at Yarra Ranges Civic Centre, Lilydale.

Lou Sbalchiero, Community Development Officer with Yarra Ranges Council said:
carers play a vital role in supporting people who may be limited in their ability to lead full and independent lives. This introductory workshop as part of National Career Development Week addresses carer's career development needs that can sometimes be put on hold.

Opportunities for photographs at this workshop include carers participating in planning activities and hand massage with students from Morrisons.

For Carers – Planning Time for You in Lilydale is a *National Career Development Week (NCDW)* registered event. *NCDW* is an initiative of the Career Industry Council of Australia (CICA) and supported by the Federal Government Department of Education, Employment and Workplace Relations (DEEWR).

The workshop *For Carers – Planning Time for You* is supported by Eastern Access Community Health, Morrisons, Skills Stores Eastern Melbourne and Yarra Ranges Council.

For more information about the 2010 National Career Development Week campaign, see the attached media release or go to www.ncdw.com.au

For more information about this event: Lou Sbalchiero, Community Development Officer, Yarra Ranges Council, 1300 368 333, l.sbalchiero@yarraranges.vic.gov.au

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