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Preparing for life after high school

By Eva Tejszerski

IT WAS a case of practice makes perfect this week at Caringbah High School, when year 10 students brushed up on developing their skills to help prepare for life after school.

In conjunction with National Career Development Week, which ends this weekend, the selective high school was chosen to lead the campaign.

A total of 150 students were involved in two-day workshops, where they took part in mock interviews and received feedback on their performance from recruiters and trained interviewers from a variety of industries.

Each student had to prepare a résumé and attend school dressed appropriately for their one-on-one interview.

Interviewers from service clubs, government agencies and career advisers assisted the students with their training.

National Career Development Week is an initiative of the Career Industry Council of Australia and is supported by the Department of Education, Employment and Workplace Relations.



Career kick start: Student Anissa Naefi practises her skills with interviewer Violet Roumeliotis. Students took part in mock interviews to give them greater confidence in the workforce.

Picture: Jane Dyson