

Career Transition Coordinator – Deborah, (Age 31 – 50)

Q1: What is your current job/career?

Career Transition Coordinator

Q2: Why did you choose your job/career? - did you have a plan? - what resources if any did you use?

My choice of partner, family and geographical situation has always played a big part in what roles I have undertaken. I haven't really had a plan, it has been more reactionary and has involved fitting in with other people's needs. I would have gone much further, had I had a plan.

Q3: How would you like your job/career to develop and what do you need to do to make the change?

If I had my time again, I would have liked to work in journalism or publishing. I would however miss doing good things for the community which my current role enables me to do and I would have struggled with unethical practices and influences.

Q4: When you were a child, what did you want to be when you grew up?

I had no idea. I didn't even think about it until I decided that I hated school and getting a job, any job was the way out. I just took the first job I could get and things went from there. A plan would have made a lot of difference. I also needed more family support. Family support is very beneficial when getting through the tough times that always happen. I had to do everything on my own amidst put downs and negativity which meant I didn't ever see myself as being successful or achieving my real potential.

Q5: What challenges do you need to overcome to "get the life you love"?

I need to be more ambitious and goal focussed. I need to have confidence in my ability to do anything I set my mind to. I don't aspire to do much more than be a good person, provide something of value to my community, earn enough to live on and be a good role model to my children. To go further, I would need to think differently.