



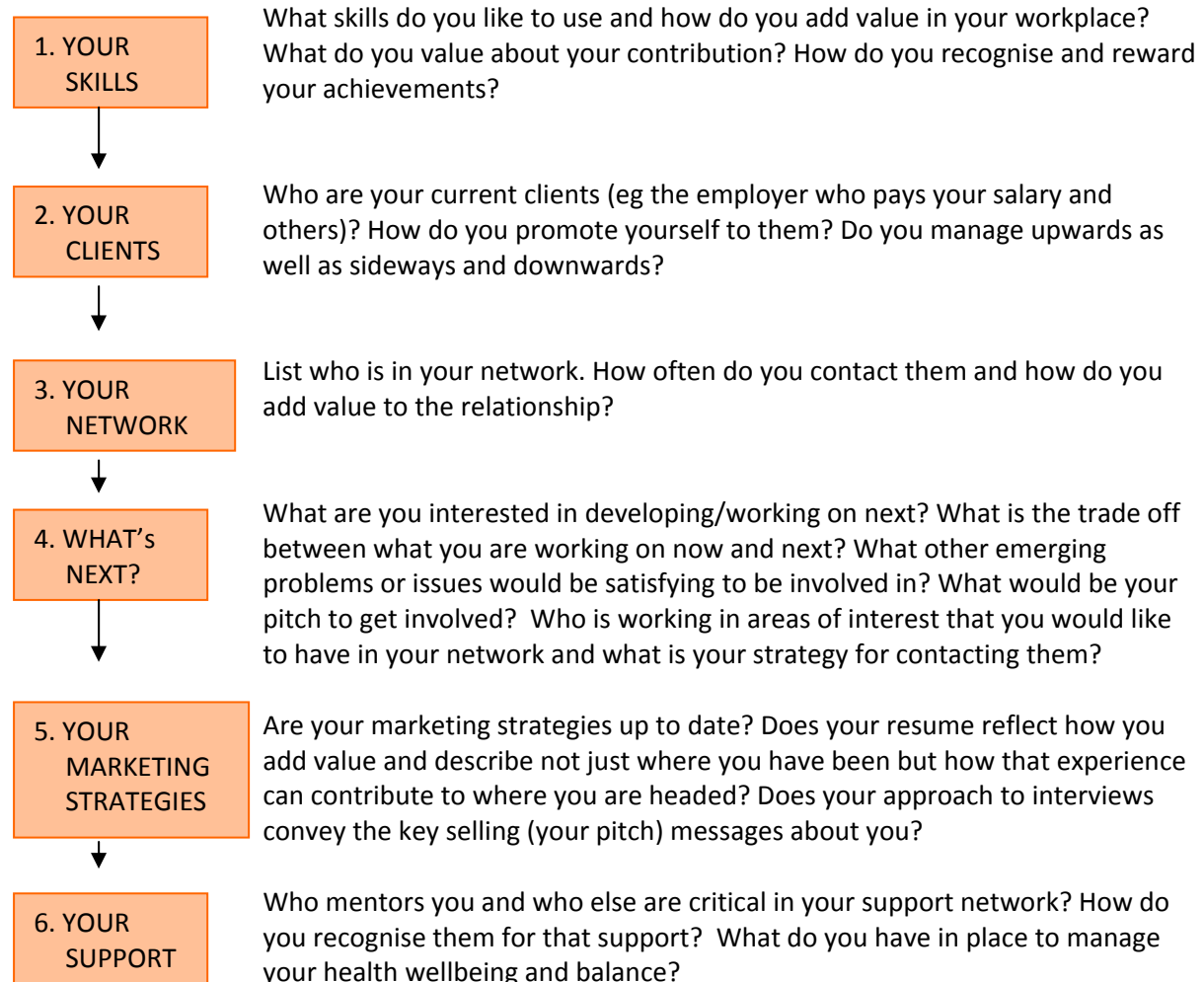
Factsheet - Time to review your career

"Being passive in managing your career is not an option" says Peter Tatham, Executive Director of the Career Industry Council of Australia. "There are many opportunities in this shifting labour market and skills shortages still exist", Peter Tatham said. Over 130,000 jobs are being advertised across Australia every week.

"What is odd about this recession is that it is in layers and how much you are affected will depend on how you are managing your career", Peter Tatham said.

Be active and do your own personal career review. Try this quick exercise.

Think about your skills, qualities and attributes as the key products and services of you as a business of one.



From this exercise commit to at least one follow up action. Send a thankyou email. Arrange for a coffee with someone from your network that you have not been in contact with for a while. Ask someone to be a mentor.

Getting started and committing to it is the key. *These reflection questions are aimed at encouraging YOU to think about how you position yourself next and starting now.*